

# Haywood's Newest Urologist

Has Found a Home  
– and Happy Patients –  
in Western NC



Haywood Regional recently welcomed Kelly McAlvany, DO, to its urological team. Dr. McAlvany moved to North Carolina from Cookeville, Tennessee and says she is enjoying the practice, her patients and the community in Haywood County.

“I am absolutely loving western North Carolina,” she says. “It’s so beautiful and the weather is excellent. I love hiking in the area with my Labrador named Reed. The community and my patients have been so welcoming.”

Dr. McAlvany is the only female urologist in western North Carolina, a fact that quickly caught the attention of Nancy Powell, who was diagnosed with bladder cancer in 2017.

“I have always been a very healthy person. I was absolutely taken aback when I was diagnosed,” she recalls. Powell traveled from Asheville to New York seeking opinions and resources from different providers. Her primary care physician referred her to Jennifer Heaberlin, DO, an oncologist, and Dr. McAlvany for her cancer care.

“I wanted a female doctor that I could pour my heart out to,” she explains. “I traveled to different places seeking ‘the right one,’ and here I am, at home in Haywood County, with three of the most wonderful female doctors I could ask for.”



Cynthia “Cindy” Grahl, Dr. Kelly McAlvany, and Nancy Powell.



McAlvany and sister Carrie McAlvany hiking.

Powell underwent chemotherapy for four months with Dr. Heaberlin, and received follow-up care with Dr. McAlvany.

“She takes her time and listens to you. I feel like I am in the best care possible while I’m with Dr. McAlvany,” Powell says. “I’m just so grateful. I have learned a lot about my body. It’s true TLC that she gives.”

Aside from making sure her patients receive the best-personalized care possible, Dr. McAlvany also plans on expanding available services and procedures to include nerve stimulator procedures, BOTOX® of the bladder for incontinence, vasectomies and in-office biopsies. She has a strong commitment to lifelong learning and staying current with the latest urology research and treatments.

“My patients can feel confident that, when they come in to see me, they are getting comprehensive and up-to-date treatments,” she says.

Dr. McAlvany is board-certified in urology by the American Board of Urology and received her medical degree from Midwestern University, Chicago College of Osteopathic Medicine. She completed her residency in urology at the Mayo School of Graduate Medical Education in Rochester, Minnesota and continued her training with a fellowship in genitourinary and reconstructive surgery at the Center for

Reconstructive Urology at Good Shepherd Medical Center in Longview, Texas. She is a member of the American Urological Association, the Society of Genitourinary Reconstructive Surgeons and the American Urogynecologic Society.

To make an appointment with a Haywood Regional urologist or to find a doctor close to home, call 800.424.DOCS (3627). Physician referrals are not required for new urological patients.

## Urological Conditions Treated at Haywood Regional

- Bladder stones
- Bladder tumors
- Elevated PSA
- Enlarged prostate
- Kidney stones
- Bladder, kidney and prostate cancers
- Neurogenic bladder
- Erectile dysfunction
- Low testosterone
- Hematuria (blood in urine)
- Pelvic organ prolapse
- Incontinence
- Interstitial cystitis
- Urinary tract infections

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— Nancy Powell